

# Christian Buddhist Interfaith Retreat 2018

*A meditation weekend  
using writings from Meister Eckhart and other traditions*

**Friday 28 September – Sunday 30 September**

**at the Monastery of Christ our Saviour, Turvey MK43 8DH**

*A small-group retreat led cooperatively by half a dozen lay people of different faiths who have found meditation meaningful in their spiritual life*

The group will focus on short excerpts from the writings of the medieval mystic Meister Eckhart, Buddhism and other traditions as a basis for silent reflection and shared responses using a Lectio Divina approach. Silent Buddhist meditation, including walking meditation, is also incorporated.

Meditation sessions alternate with personal time or worship in the chapel with the monks and nuns of the Turvey Benedictine Communities.

This is a silent weekend especially during the Grand Silence from 9pm, and also during mealtimes.

The weekend starts on Friday 28 September at approximately 4pm and continues until 1pm on Sunday 30 September.

The weekend includes family style meals (Friday supper; Saturday breakfast, lunch, supper; Sunday breakfast) and clearing up.

12 available places only.

Cost: £110 inc. accommodation at the Monastery Guest House. Adjustments can be made if you do not require accommodation.

To book please contact Jim Coakes at [jim.coakes@btinternet.com](mailto:jim.coakes@btinternet.com).

Brother John at Turvey can also provide information. email [turveymonks@yahoo.co.uk](mailto:turveymonks@yahoo.co.uk)